

KENYA BIKE RIDE ITINERARY

FROM THE FOOTHILLS OF KILIMANJARO TO THE INDIAN OCEAN AT MOMBASA



Day 1 (Friday)

Land in Nairobi 06.30 and transfer to Amboseli – 3.5 hours by coach. There is time to rest after the long journey and then afternoon bike fitting. Overnight at Amboseli Sopa Lodge.

Day 2 (Saturday)

Free day to relax or take part in an optional Game Drive which includes entrance to the Park, transport and lunch. There is also an optional Nature Walk. Dinner and briefing about the forthcoming cycle.



Day 3 (Sunday)

1st Day Cycling, Amboseli to Tsavo West Total Distance 78km

We leave the hotel with Kilimanjaro directly in front of us! We start off road with a gentle uphill climb but also with wonderful scenery. We head towards the village of Oloitokitok and onto the border post. Then through the Kenyan side of the border but we do not cross over into Tanzania, which is just a few kilometres away. We cycle past Acacia trees, farmland and small villages as we head towards the lower slopes of Kilimanjaro. Lunch will be by the side of a river in the shade. The afternoon cycling is mostly flat and we eventually arrive in the beautiful setting of the Ziwani Camp at Tsavo West. Don't be put off by the word 'camp' - this is a different experience!





Day 4 (Monday)

2nd Day Cycling, Tsavo West to Taita Hills. Total Distance 78km

An early start crossing the airstrip as we approach the gentle sandy hills and flat lands and head towards the edge of Tsavo West National Park. Look behind you (carefully!) for a stunning view of Kilimanjaro. The day is likely to be hot but the sun will be behind us as we continue along the boundaries of the park. We will then cycle through the Park, crossing the unused rail road. Lunch will be at about 50km. The afternoon's cycling will be on quiet undulating roads with the mountain on our left. We stay overnight at the Taita Hills Wildlife Sanctuary.

Day 5 (Tuesday)

3rd Day Cycling, Taita Hills. Total Distance 50km

Today we ride around the relatively flat boundaries of the Sanctuary where we will have the opportunity to see wildlife up close and personal! Lunch will be at Lions Rock where we will be able to see the stunning panoramic views of The Sanctuary. After lunch we continue to circumnavigate the Sanctuary and will return to Taita Hills Wildlife Sanctuary. Dinner tonight will be at Salt Lick which is in the centre of the Sanctuary overlooking a water hole often frequented by wildlife.



Day 6 (Wednesday)

4th Day Cycling, Taita Hills to Voi. Total Distance 78km



Today's cycling is in complete contrast to yesterday as we ride towards Taita Hills between two ridges. To take advantage of the surroundings we will need to climb 23km up gentle and then challenging hills which curve around the mountain. After lunch most of the cycling is down hill with some undulating hills through Mwatate Town and past a large sisal estate. We then cycle onto Voi where we will be staying at the Voi Wildlife Lodge which is on the edge of the National Park. Your reward for reaching the lodge will be the opportunity to take a dip in the inviting pool.

Day 7 (Thursday)

5th Day Cycling, Voi to Ngatuni Lodge. Total Distance 60km

Today's ride will take us around Mount Sagala and, once we have climbed over the 'saddle' which is the lower part of the mountain, we will rest for lunch. After lunch we continue our journey around Mount Sagala and head for the Ngutuni Lodge for our overnight stay. There will be a night game drive after dinner!



Day 8 (Friday)

6th Day cycling, Ngatuni Lodge to Mombasa. Total Distance 31km



We have an early morning transfer before we get on our bikes looking towards 'the three hills' which are in the distance, and the direction we are travelling. As we approach Mombasa we will notice the contrast to the areas we have been cycling through as western influences impact on the surroundings. We then cycle towards the Nguuni Nature Reserve, where we will regroup and start the final stretch of our challenge to finish at Sarova Whitesands Beach Resort where we will enjoy a well deserved end of ride celebratory dinner!!



Day 9 (Saturday)

A free day to reflect on our challenge and to rest our weary legs. We will party under the stars overlooking the Indian Ocean.

Day 10 (Sunday)

A free day to enjoy the surroundings of the hotel. There will be an afternoon coach transfer to Mombasa for our flight to Nairobi. We arrive back in the UK early Monday morning.